

## **TRANSPORTATION**

FirstHealth Transportation (910) 571-5498  
R-CATS (910) 572-3430

## **VETERANS SERVICES**

American Red Cross (704) 982-0070  
Montgomery County Veteran's Service (910) 576-4711  
North Carolina Employment Security Commission (910) 572-3641  
Veterans Regional Office and Benefits Information (800) 827-1000

## **VETERINARIAN**

Montgomery Animal Clinic (910) 572-3781

## **VOTER REGISTRATION**

Board of Elections (910) 572-2024



217 South Main Street  
Troy, NC 27371  
(910) 572-1393

*Copies of this publication are available for pick-up at the Montgomery County Health Department. Electronic versions may be accessed on the Health Department website by visiting [www.montgomerycountync.com](http://www.montgomerycountync.com) and navigating to the Health Department page. Electronic copies may also be obtained by emailing your request to [rhonda.peters@montgomerycountync.com](mailto:rhonda.peters@montgomerycountync.com)*

# *Health and Wellness Resources in Montgomery County*

## *2011*

## **ADULT CARE HOMES/ NURSING FACILITIES**

Autumn Care of Biscoe	(910) 428-2117
Baaseiah Family Care Home #1	(910) 974-7700
Baaseiah Family Care Home #2	(910) 428-9234
Baaseiah Family Care Home #3	(910) 974-4373
Brookstone Haven of Star	(910) 428-2101
Crowder Family Care Home	(910) 428-4675
Poplar Springs Rest Home	(910) 428-2981
Sandy Ridge Assisted Living	(910) 974-4162
Tillery Chase Adult Care Home	(910) 439-4224
Wilson Family Home Care	(910) 428-2950

## **AGRICULTURAL RESOURCES**

Consolidated Farm Service Agency	(910) 572-3677
4-H Agent, Family and Consumer Sciences Agent, Horticulture Agent, and Livestock Agent	(910) 576-6011
Montgomery County Farm Bureau	(910) 572-1341
NC Forest Service Rangers Office	(910) 576-5481
NC Wildlife Resource Commission	(910) 439-5103
Poultry Agent	(704) 283-3743
Soil Conservation Service	(910) 572-2700
Water Pollution Control	(910) 281-3146

## **AMERICAN RED CROSS**

Montgomery Chapter	(910) 576-1000
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## **ANIMAL SERVICES**

Montgomery County Animal Control	(910) 572-3067
Montgomery Animal Clinic	(910) 572-3781

## **BLIND SERVICES**

American Council on the Blind	(800) 424-8666
EyeCare America	(800) 222-3937
NC Library for Blind	(888) 388-2460
Social Services Department	(910) 576-6531
Vocational Rehabilitation Service	(910) 295-1530

## **SCHOOLS (continued)**

Troy Elementary School	(910) 576-3651
West Montgomery High School	(910) 439-6191
Candor Head Start	(910) 974-9673
Star Head Start	(910) 428-1846

## **SCHOOL HEALTH CENTERS**

Montgomery County School Health Center, East	(910) 428-9392
Montgomery County School Health Center, West	(910) 572-1979

## **SENIOR CITIZEN INFORMATION**

Department of Social Services	(910) 576-6531
Family Caregiver Support Program	(910) 572-3757
Home Economic Agent	(910) 576-6011
Medicare	(800) 633-4227
Montgomery County Council on Aging	(910) 572-3757
Troy-Montgomery Senior Center	(910) 572-4464
Seniors Health Insurance Information Program (SHIIP)	(800) 443-9354
Senior Help Line- Information Assistance	(910) 572-4464
Social Security Administration	(800) 772-1213

## **SUBSTANCE ABUSE**

Center for Substance Abuse Treatment (CSAT) National Drug Abuse Hotline	(800) 662-HELP
National Clearinghouse for Alcohol and Drug Information	(800) 729-6686
Sandhills Center for Mental Health, Mental Retardation and Substance Abuse	(910) 572-3681

## **TAX INFORMATION**

Federal Tax Information Assistance and Tax Payer Service Office	(800) 829-1040
Internal Revenue Service Automated Refund Information	(800) 829-4477
Montgomery County Tax Collector	(910) 576-4311

## **MEDICATION ASSISTANCE PROGRAM**

FirstHealth of the Carolinas, visit [www.firsthealth.org](http://www.firsthealth.org) for more info  
or call (910) 571-5975

## **MENTAL HEALTH SERVICES**

Alcoholics Anonymous	(910) 428-2494
Aurora Family Counseling Center	(910) 572-3066
Behavioral Healthcare-Mentor	(910) 576-1188
Behavioral Healthcare-Mentor	(910) 428-2500
Daymark Recovery Services	(910) 572-3681
Living Solutions	(910) 571-0047
PRI Counseling Services	(910) 572-2555

## **OPTICIANS and OPTOMETRISTS**

Academy Eye Center of Biscoe	(910) 428-4900
Dr. Haywood	(910) 576-7371

## **PHARMACIES**

Biscoe Pharmacy	(910) 428-1150
Cochrane Ridenhour Drug	(910) 439-6541
CVS Pharmacy	(910) 572-1396
Kerr Drug	(910) 428-3146
Montgomery Drug	(910) 428-4422
Standard Drug	(910) 572-2070
Wal-mart Pharmacy	(910) 428-4960
White Star Pharmacy	(910) 572-2129

## **SCHOOLS**

Montgomery County School Administration	(910) 576-6511
Montgomery Community College	(910) 576-6222
Candor Elementary	(910) 974-4582
East Middle School- Biscoe	(910) 428-3278
East Montgomery High School	(910) 428-9641
Green Ridge Elementary School	(910) 428-4196
Montgomery Learning Academy	(910) 572-1161
Mt. Gilead Elementary School	(910) 439-5411
Page Street Elementary School	(910) 576-1307
Star Elementary School	(910) 428-4333

## **CHAMBER OF COMMERCE**

Montgomery County Chamber of Commerce (910) 572-4300

## **CHILD ABUSE**

Child Help- National Child Abuse Hotline	(800) 422-4453
Department of Social Services	(910) 576-6531
Montgomery County Rescue Squad	(910) 572-1313
National Center for Missing and Exploited Children	(703) 274-3900

## **CHILDREN'S AND YOUTH CONCERNS**

4-H Club	(910) 576-6011
E-Ku-Sumee Boys Camp	(910) 974-4183
Family and Consumer Sciences Agent	(910) 576-6011
Child Help- National Child Abuse Hotline	(800) 422-4453
Communities in Schools	(910) 572-3174
Family Support Network of the Sandhills	(910) 949-4045 x110
First in Families of the Sandhills	(910) 692-8272
Montgomery County Health Department	(910) 572-1393
Montgomery County Partnership for Children	(910) 576-2363
National Child Safety Council	(800) 222-1464
National Run-Away Switchboard	(800) 786-2929
Sandhills Children's Developmental Services Agency (CDSA)	1-866-368-7199 (toll free)

## **CHIROPRACTORS**

Montgomery County Chiropractic Center	(910) 572-2268
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## **CITY OFFICES**

Biscoe Town Office	(910) 428-4112
Candor Town Office	(910) 974-4221
Mt. Gilead Town Office	(910) 439-5111
Star City Hall	(910) 428-4623
Town Creek Indian Mound	(910) 439-6802
Troy City Hall	(910) 572-3661

## **COUNCIL ON AGING**

Montgomery County Council on Aging (910) 572-3757

## **COUNTY OFFICES**

Administration (910) 576-4221  
Animal Control (910) 572-3067  
Board of Elections (910) 572-2024  
Council on Aging (910) 572-3757  
County Manager (910) 576-4221  
E-911 (910) 572-1313  
Environmental Health (910) 572-8175  
Finance (910) 576-4221  
Health Department (910) 572-1393  
Human Resources (910) 576-4221  
Information Technology (910) 576-4221  
Inspections/Planning (910) 572-3304  
Jail (910) 576-4261  
Library (910) 572-1311  
NC Cooperative Extension Service (910) 576-6011  
Register of Deeds (910) 576-4271  
Sheriff's Office (910) 572-1313  
Social Services (910) 576-6531  
Soil and Water Department (910) 572-2700  
Tax Office (910) 576-4311  
Veteran's Services (910) 576-4711

## **CRISIS COUNSELING**

The Crisis Council (Office) (910) 572-3749  
Crisis Line (910) 572-3747  
National Suicide Prevention Lifeline 1-800-273-TALK  
Therapeutic Alternatives 1-877-626-1772

## **DENTISTS**

Dr. Donald Davis, DDS (910) 572-2811  
Lane and Associates (910) 428-2048  
Dr. Johnny McKinnon (910) 439-9744  
Dr. Terry Wood (910) 576-3971  
FirstHealth Dental Care Center (910) 571-5700

## **INTELLECTUALLY/ DEVELOPMENTALLY DISABLED SERVICES**

Family Support Network of North Carolina (800) 852-0042  
Library of Congress- Division of the Blind and Physically  
Handicapped (800) 424-8567  
Monarch (910) 428-4298  
RFB&D Learning Through Listening (866) 887-7323

## **LACTATION CONSULTANT**

Moore Regional Hospital (910) 715-2068

## **LEGAL SERVICES**

Legal Aid of NC (Greensboro) (336) 272-0148  
NC Lawyer Referral Service (800) 662-7660

## **LIBRARIES**

Montgomery County Public Library (910) 572-1311  
Biscoe Public Library (910) 428-2551  
Candor Public Library (910) 974-4033  
Mt. Gilead Public Library (910) 439-6651  
Star Public Library (910) 428- 2338

## **MEDICAL PROVIDERS**

Family Care Associates (910) 576-0042  
FirstHealth Family Care Center (910) 571-5510  
Health Plus (910) 974-7555  
Mid Carolina Family Medicine (910) 572-1785  
Montgomery Free Care Clinic (910) 428-9020  
Montgomery Urology (910) 572-3900  
Mount Gilead Medical Services (910) 439-1573  
Troy Foot Clinic (910) 576-2212  
Troy Medical Services (910) 572-2309  
Troy Surgical Clinic (910) 571-5716

Education (800) 647-8733  
Interior (800) 424-5081  
Labor (800) 347-3756  
Transportation (800) 424-9071

### HEALTH AND HUMAN SERVICES

C.D.C National AIDS Hotline (Toll Free- 24 Hours)  
800-CDC-INFO  
Cancer Hotline 800-4-CANCER  
Center for Substance Abuse Treatment (CSAT)  
(800) 662-HELP  
DNA Paternity Testing Center (800) 362-2368  
Hill-Burton Program (800) 638-0742  
Medicare Hotline (800) 633-4227  
National Suicide Prevention Lifeline  
1-800-273-TALK  
National Health Information Center  
(800) 336-4797  
National Runaway Switchboard  
800-RUN-AWAY  
Sexually Transmitted Diseases (800) 227-8922  
Social Security Administration (800) 772-1213

### SENIOR LINE-INFORMATION ASSISTANCE

(910) 572-4464

### SMALL BUSINESS ADMINISTRATION

Answer Desk (800) 827-5722

## **HOUSING SERVICES**

Star Housing Authority (910) 428-2387  
Sandhills Community Action Program (910) 576-9071  
Troy Housing Authority (910) 576-0611  
Wesleyan Homes #1 (910) 572-2421  
Wesleyan Homes #2 (910) 572-5577  
Westwood Apartments (910) 572-2107  
US Housing Discrimination Information (800) 669-9777

## **DEPARTMENT OF PUBLIC HEALTH**

Montgomery County Health Department (910) 572-1393

## **DEPARTMENT OF SOCIAL SERVICES**

Montgomery County Department of DSS (910) 576-6531

## **DIABETES SELF-MANAGEMENT**

FirstHealth of the Carolinas 1-800-364-0499

## **DIALYSIS**

Davita, Inc. (910) 428-4052

## **EMERGENCY ASSISTANCE**

American Red Cross (704) 982-0070  
FirstHealth EMS (910) 576-0606  
Montgomery Co. Emergency Management (910) 572-1346  
United Way (704) 982-6916

## **FOOD PANTRIES**

Baptist Association (910) 572-2451  
First Baptist of Troy (910) 576-5286  
Food Pantry at Highland School (910) 439-6633  
Page Memorial Methodist Church (910) 428-1008

## **HEALTH CLUBS**

Curves for Women (910) 428-4474  
FirstHealth Center for Health & Fitness (910) 571-5480  
Troy Fitness Center (910) 576-0262

## **HEALTH SERVICES**

AIDS Hotline 800-CDC-INFO  
American Cancer Society (800) 227-2345  
American Heart Association (800) 242-8721  
American Lung Association 800-LUNG-USA  
Autumn Nursing and Rehab (910) 428-2117  
Baaseiah Family Care (910) 428-9234

## **HEALTH SERVICES (continued)**

Brookstone Haven of Star	(910) 428-2101
Crisis Line	(910) 572-3747
Department of Social Services	(910) 576-6531
Diversicare	(910) 673-3113
FirstHealth EMS (Montgomery)	(910) 571-5499
FirstHealth Response- Lifeline	(910) 715-1271
Health and Human Services Hotline	800-MEDICARE
Home Care of the Carolinas	(800) 222-6819
Leukemia and Lymphoma Society	(704) 998-5012
Library of Congress- Division of the Blind and Physically Handicapped	(800) 424-8567
Montgomery County Health Department	(910) 572-1393
Montgomery Memorial Hospital	(910) 571-5000
Moore Regional Hospital	(910) 715-1000
Muscular Dystrophy Association	(704) 567-2912
National Kidney Foundation of NC	(704) 552-1351
National Parkinson Foundation	(800) 522-8855
National Suicide Prevention Lifeline	1-800-273-TALK
NC Dept. of Social Services	(910) 576-6531
North Carolina Eye Bank (Winston-Salem)	(336) 765-0932
Poplar Springs Rest Home	(910) 428-2981
Sandhills Center for Mental Health, Mental Retardation, and Substance Abuse	(910) 572-3681
United Way	(704) 982-6916

## **HOME HEALTH SERVICES**

Bayada Nurses	(910) 572-3103
Community Home Care & Hospice	(910) 572-1693
Duke & St. Joseph Home Care	(910) 572-4962
Elite Home Care Services	(910) 576-2276
Family First Home Care	(910) 576-2273
FirstHealth Home Care Services	(800) 876-2212
Gentiva Home Health	(336) 629-3170
Home Care of the Carolinas	(910) 572-3800
Shipman Family Home Care Inc.	(910) 439-5890

## **HOSPICES**

Community Home Care & Hospice	(910) 572-1693
FirstHealth Hospice and Palliative Care	(866) 861-7485
Hospice of Randolph County	(336) 672-9300
Hospice of Richmond County	(910) 997-4464
Hospice of Stanly County	(800) 230-4236

## **HOSPITAL**

FirstHealth Montgomery Memorial Hospital	(910) 571-5000
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## **HOTLINE NUMBERS**

### AGENCIES

Environmental Protection Agency General Services Administration	(800) 424-5210
Small Business Administration	(800) 827-5722
Veterans Administration	(800) 488-8244

### AGRICULTURAL DEPARTMENT

Food & Safety tips on meat and poultry products	(800) 535-4555
Whistleblower- Fraud and Waste Reports	(800) 424-9121

### COMMUNITY RESOURCE CONNECTION

(910) 572-3757

### ENVIRONMENTAL PROTECTION AGENCY

Pesticide Info	(800) 858-7378
Safe Drinking Water Hotline	(800) 426-4791

### FEDERAL EMERGENCY MANAGEMENT AGENCY

Flood Insurance Information	(800) 638-6620
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### GOVERNMENT WASTE AND FRAUD

#### (DEPARTMENTS)

Agriculture	(800) 424-9121
Commerce	(800) 424-5197
Defense	(800) 424-9098