



**The Health Education Staff of the Montgomery County Health Department is only a phone call away. If you need any further assistance, please call us at (910) 572-1393 any time between 8 am and 5 pm, Monday through Friday.**

*Pursuant to Title VI, It is the goal of the Montgomery County Health Department to provide informational materials in your preferred language, and at a reading level that you can easily understand. If you need information in a language other than what is offered, please let a member of our staff know and we will find related information in your preferred language. If you have trouble reading the material provided, or you do not understand what you read, please let a member of our staff know and we will be happy to explain it to you or find written material that is more easily understood.*

**Montgomery County Health Department**

217 South Main Street  
Phone: 910-572-1393  
Fax: 910-572-8177

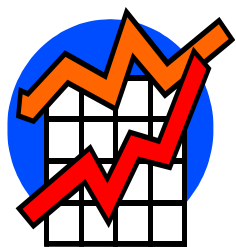
**Need Health Information?**

**The Montgomery County Health Department is here to help!**



*The mission of the Montgomery County Health Department is to provide high-quality public health services to individuals and families in Montgomery County.*

## Montgomery County Data and Health Statistics



Every year, the Montgomery County Health Department collaborates with partnering businesses, agencies and organizations to produce the "State of the County Health Report." This report compiles demographic information and various health statistics including mortality and morbidity rates. County priority areas and progress made toward achieving priority goals is also outlined in the report. The SOTCH report is released in December of every year. Every four years, the Montgomery County Health Department and partners collaborate to produce the "Community Health Assessment" (CHA) which is very similar to the SOTCH report, but much more in-depth, including socio-economic, health, crime, and education statistics along with current initiatives in the county to effect change. The CHA is released in December of every 4th year – the most current is the CHA of 2008. Both the SOTCH report and the CHA can be accessed online at [www.montgomerycountync.com](http://www.montgomerycountync.com), and can also be viewed at the Montgomery County Public Library in Troy. Copies are distributed to key stakeholders, contributing partners, and to the public upon request by contacting the Health Education Department at (910) 572-1393.

## CHECK OUT OUR RESOURCE LIBRARY!

The Montgomery County Health Department is proud to share our resource library with the public. We offer a variety of educational videos, brochures, and booklets. While the videos must be viewed on-site only, we will gladly provide one copy of any of our educational brochures upon request.

We offer resources on a range of health topics including:

- Nutrition and Physical Activity
- Maternal Health/Pregnancy/Prenatal Health
  - Women's Health
  - Family Planning
  - Sexual Health
  - Men's Health
  - Tuberculosis
  - Mental Health
  - Child Health
  - Disease Prevention
- Health Conditions (Including topics such as blood pressure, cancer, diabetes, allergies, stroke, asthma and much more!)

Many of our brochures are available in Spanish!

AND DON'T FORGET TO USE INTERNET RESOURCES!



[www.eatsmartmovemorenc.org](http://www.eatsmartmovemorenc.org)

[www.ada.org](http://www.ada.org) (American Dental Association)

[www.cdc.gov](http://www.cdc.gov)

(Centers for Disease Control and Prevention)

[www.diabetes.org](http://www.diabetes.org) (American Diabetes Association)

[www.nhtsa.dot.gov](http://www.nhtsa.dot.gov) (Child Passenger Safety)

[www.marchofdimes.org](http://www.marchofdimes.org)

[www.schs.state.nc.us](http://www.schs.state.nc.us)

(North Carolina State Center for Health Statistics)

[www.ncchild.org](http://www.ncchild.org) (North Carolina Child Advocacy Institute)

[www.nchan.org](http://www.nchan.org) (North Carolina Health Alert Network)

[www.preventchildabusenc.org](http://www.preventchildabusenc.org)

[www.4woman.gov](http://www.4woman.gov) (National Women's Health Information)

[www.quitlinenc.com](http://www.quitlinenc.com) (Quitline NC)

[www.americanheart.org](http://www.americanheart.org) (American Heart Association)

[www.cancer.org](http://www.cancer.org) (American Cancer Society)

[www.lungusa.org](http://www.lungusa.org) (American Lung Association)

[www.usa.safekids.org](http://www.usa.safekids.org) Safe Kids Worldwide

[www.menshealthweek.org](http://www.menshealthweek.org)

If you need a link that we haven't included, we'd be happy to help you find it!

**Call (910) 572-1393!**