



*Health and  
Wellness  
Resources in  
Montgomery  
County*

*2019*

## **ADULT CARE HOMES/ NURSING FACILITIES**

Autumn Care of Biscoe	(910) 428-2117
Baaseiah Family Care Home #1	(910) 974-7701
Baaseiah Family Care Home #2	(910) 428-9234
Brookstone Haven of Star	(910) 428-2101
Poplar Springs Rest Home	(910) 428-2981
Sandy Ridge Assisted Living	(910) 974-4162
Tillery Chase Adult Care Home	(910) 439-4224

## **AGRICULTURAL RESOURCES**

Consolidated Farm Service Agency	(910) 572-3677 ext. 2
4-H Agent, Family and Consumer Sciences Agent, Horticulture Agent, and Livestock Agent	(910) 576-6011
Montgomery County Farm Bureau	(910) 572-1341
NC Forest Service Rangers Office	(910) 576-5481
NC Wildlife Resource Commission	(910) 439-5103
Poultry Agent	(704) 283-3743
Soil Conservation Service	(910) 572-2700
Water Pollution Control (Moore Co.)	(910) 281-3146

## **ANIMAL SERVICES**

Montgomery County Animal Control	(910) 572-3067
Montgomery Animal Clinic	(910) 572-3781
Montgomery County Humane Society	(910) 571-0009

## **BLIND SERVICES**

American Council on the Blind	(800) 424-8666
EyeCare America	(800) 222-3937
NC Library for Blind	(888) 388-2460
Local Contact	(919) 733-4376
Social Services Department	(910) 576-6531
Vocational Rehabilitation Service	(910) 295-1530

## **CHILD ABUSE**

Butterfly House Child Advocacy Center	(704) 984-4626
Child Help- National Child Abuse Hotline	(800) 422-4453
Department of Social Services	(910) 576-6531

Montgomery County Sheriff's Dept. (910) 572-1313

## **CHILDREN'S AND YOUTH CONCERNS**

4-H Club (910) 576-6011  
Eckerd-Candor (910) 974-4183  
Family and Consumer Sciences Agent (910) 576-6011  
Child Help- National Child Abuse Hotline (800) 422-4453  
Communities in Schools (910) 573-0974  
Partners for Children and Families (910) 949-4045  
Montgomery County Health Department (910) 572-1393  
Montgomery County Partnership for Children (910) 576-2363  
National Child Safety Council (800) 222-1464  
National Run-Away Switchboard (800) 786-2929  
Sandhills Children's Developmental Services Agency (CDSA)  
1-866-368-7199 (toll free)

## **CHIROPRACTORS**

Montgomery County Chiropractic Center (704) 982-2102

## **CITY OFFICES**

Biscoe Town Hall (910) 428-4112  
Candor Town Hall (910) 974-4221  
Mt. Gilead Town Hall (910) 439-5111  
Star City Hall (910) 428-4623  
Troy City Hall (910) 572-3661

## **COUNTY OFFICES**

### **Montgomery County Department of:**

Administration (includes offices of County Manager, Clerk to the Board, Human Resources, Infrastructure & Development, and

Finance) (910) 576-4221

Animal Control (910) 572-3067

Central Permitting (includes Building/Inspections, Environmental Health, and Planning & Zoning) (910) 572-3304

Elections (910) 572-2024

Health (910) 572-1393

Health-WIC Clinic (910) 572-8174

Information Technology (910) 576-4221

Social Services (910) 576-6531  
Soil and Water Department (910) 572-2700

### **Montgomery County:**

Cooperative Extension Service (910) 576-6011  
Jail (910) 576-4261  
Library System (910) 572-1311  
Public Airport (910) 576-4221  
Public Utilities (910) 572-1221  
Register of Deeds (910) 576-4271  
Sheriff's Office (910) 572-1313  
Tax Office (910) 576-4311  
Veteran's Services (910) 576-4711

### **CRISIS COUNSELING**

Ester House (704)-961-7500  
Journey Counseling After Hours (336) 625-7455  
National Suicide Prevention Lifeline 1-800-273-TALK  
Therapeutic Alternatives 1-877-626-1772

### **DENTISTS**

Dr. Donald Davis, DDS (910) 572-2811  
FirstHealth Dental Care Center (910) 571-5700  
First Health Dental Emergency # (910) 629-5111  
Lane and Associates (910) 428-2048  
Dr. Johnny McKinnon (910) 439-9744  
Mercy Clinic (336)- 610-7000  
Powers Pediatric Dentistry (910) 692-5329  
Dr. Terry Wood (910) 576-3971  
Sparkling Smiles (336) 625-1319

### **DIABETES SELF-MANAGEMENT**

FirstHealth of the Carolinas (910) 715-1925

### **DIALYSIS**

Davita, Inc. (910) 428-4052

## **EMERGENCY ASSISTANCE**

American Red Cross	(704) 982-0070
United Way of Stanly County	(704) 982-6916
United Way of Moore County	(910) 692-2413
United Way of Randolph County	(336) 625-4207

## **FOOD PANTRIES**

First Baptist of Troy	(910) 576-5286
Montgomery Churches in Action	(910) 428-4641
Macedonia Presbyterian Church	(910) 974-7337
Mt. Gilead Food Pantry	(910) 792-7695
Ropers Grove Baptist Church	(910) 573-1728

## **HEALTH CLUBS**

D-Block Gym and Fitness Center	(910) 576-0262
FirstHealth Center for Health & Fitness	(910) 571-5480

## **HEALTH SERVICES**

AIDS Hotline	800-CDC-INFO
American Cancer Society	(800) 227-2345
American Heart Association	(800) 242-8721
American Lung Association	800-LUNG-USA
Autumn Care Nursing and Rehab	(910) 428-2117
Crisis Line	(910) 572-3747
FirstHealth EMS (Montgomery)	(910) 571-5499
FirstHealth Response- Lifeline	(910) 715-1271
Health and Human Services Hotline	800-MEDICARE
Home Care of the Carolinas	(800) 222-6819
Leukemia and Lymphoma Society	(704) 998-5012
Montgomery County Department of Health	(910) 572-1393
Montgomery Memorial Hospital	(910) 571-5000
Moore Regional Hospital	(910) 715-1000
Moore Pediatric Therapy Services	(910) 673-5437
Muscular Dystrophy Association	(704) 567-2912
National Parkinson Foundation	(800) 522-8855
National Suicide Prevention Lifeline	1-800-273-TALK
North Carolina Eye Bank (Winston-Salem)	(336) 765-0932
Poplar Springs Rest Home	(910) 428-2981

Daymark Recovery Services (910) 572-3681  
United Way (704) 982-6916

## **HOME HEALTH SERVICES**

Bayada Nurses (704) 982-7070  
Community Home Care & Hospice (910) 576-0023  
Elite Home Care Services (910) 576-2276  
Family First Home Care (910) 576-2273  
FirstHealth Home Care Services (800) 876-2212  
Gentiva Home Health (336) 629-3170  
Healthy at Home Troy (910) 572-3800  
Home Care of the Carolinas (800) 222-6819  
Stay Well Senior Care (336) 628-4214

## **HOSPICES**

Community Home Care & Hospice (336) 576-0023  
FirstHealth Hospice and Palliative Care (866) 861-7485  
Hospice of Randolph County (336) 672-9300  
Hospice of Richmond County (910) 997-4464  
Hospice of Stanly County (800) 230-4236

## **HOSPITAL**

FirstHealth Montgomery Memorial Hospital (910) 571-5000  
First Health Moore Regional Hospital (910) 715-1000  
Randolph Hospital (336) 625-5151  
Stanly Regional Medical Center (704) 984-4000

## **HOUSING SERVICES**

Rocky Knoll (910) 572-2421  
Sandhills Community Action Program (910) 975-9536  
Troy Housing Authority (910) 576-0611  
US Housing Discrimination Information (800) 669-9777  
Wesleyan Homes #1 (910) 572-2421  
Wesleyan Homes #2 (910) 572-5577  
Westwood Apartments (910) 572-2107

## **INTELLECTUALLY/ DEVELOPMENTALLY DISABLED SERVICES**

Children's Developmental Service Agency	(910) 997-9117
Family Support Network of North Carolina	(800) 852-0042
Library of Congress- Division of the Blind and Physically Handicapped	(800) 424-8567
Monarch	(910) 428-4298

## **LACTATION ASSISTANCE**

WIC Department	(910) 572-8174
Moore Regional Hospital	(910) 715-2068
Pinehurst Surgical	(910) 235-2986
Stanly Pediatrics	(910) 982-2683

## **LEGAL SERVICES**

Legal Aid of NC (Greensboro)	(336) 272-0148
NC Lawyer Referral Service	(800) 662-7660

## **LIBRARIES**

Montgomery County Public Library	(910) 572-1311
Biscoe Public Library	(910) 428-2551
Candor Public Library	(910) 974-4033
Mt. Gilead Public Library	(910) 439-6651
Star Public Library	(910) 428- 2338

## **MEDICAL PROVIDERS**

### **Family Care**

Family Care Associates	(910) 576-0042
FirstHealth Primary Care and Cardiology Clinic (Troy)	(910) 571-5510
FirstHealth Family Care Center (Biscoe)	(910) 428-1544
FirstHealth Family Care Center (Candor)	(910) 974-7555
Mid Carolina Family Medicine	(910) 572-1785
Montgomery Community Health Ctr.	(910) 428-9020
Mount Gilead Medical Services	(910) 439-1573
Troy Medical Services	(910) 572-2309

### **Pediatricians**

Albemarle Pediatrics	(704) 982-5437
Premier Pediatrics (Southern Pines)	(910) 246-2229
Premiere Pediatrics (Asheboro)	(336) 625-0500
Randolph Health Pediatrics	(336) 625-2467
Sandhills Pediatrics (Southern Pines)	(910) 692-2444
(West End)	(910) 673-1600
Stanly Pediatrics	(704) 982-2683

### **Pulmonary Rehab**

Pulmonary Rehab MMH	(910) 571-5278
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### **Surgical Clinics**

Pinehurst Surgical (Pinehurst)	(910) 672-6374
Surgical Associates of Asheboro	(336) 625-2456
First Health Surgical Specialties in Troy	(910) 571-5710

### **Women's Health Specialists**

Albemarle Women's Clinic	(704) 550-5260
Central Carolina Women's Center	(336) 626-6371
Montgomery County Health Department	(910) 572-1393
Pinehurst Surgical Clinic- Women's Care	(910) 295-0290
Southern Pines Women's Health Center	(910) 692-7928
Stanly Women's Services	(980) 323-5330

### **Urology**

Montgomery Urology	(910) 572-3900
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## **MEDICATION ASSISTANCE PROGRAM**

FirstHealth of the Carolinas	(910) 571-5975
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## **MENTAL HEALTH SERVICES**

Daymark Recovery Services	(910) 572-3681
Journey Counseling and Consulting	(910) 572-2225
Recovery Solutions	(910) 571-0047
Sandhills Center	1-(800)-256-2452



## **OPTICIANS and OPTOMETRISTS**

Dr. Haywood (910) 576-7371

## **PHARMACIES**

Biscoe Pharmacy (910) 428-1150  
Carolina Pharmacy (336) 873-8246  
Cochrane Ridenhour Drug (910) 439-6541  
CVS Pharmacy (910) 572-1396  
Quality Care Pharmacy-Seven Lakes (910) 673-3784  
Standard Drug (910) 572-2070  
Wal-mart Pharmacy (910) 428-4960  
White Star Pharmacy (910) 572-2129

## **SCHOOLS**

Montgomery Community College (910) 576-6222  
Montgomery County Early College (910) 898 9690  
Montgomery County Schools:  
Administration Office (910)-576-6511  
Candor Elementary (910) 974-4582  
Head Start (Save the Children) (704) 207-5598  
East Middle School- Biscoe (910) 428-3278  
East Montgomery High School (910) 428-9641  
Green Ridge Elementary School (910) 428-4196  
Montgomery Learning Academy (910) 572-1161  
Mt. Gilead Elementary School (910) 439-5411  
Page Street Elementary School (910) 576-1307  
Star Elementary School (910) 428-4333  
Troy Elementary School (910) 576-3651  
West Middle School– Mt. Gilead (910)-572-1398  
West Montgomery High School (910) 439-6191  
Montgomery County Schools– Health Centers  
East Middle (910) 428-9392  
West Middle (910) 572-1979

## **SENIOR CITIZEN INFORMATION**

Department of Social Services (910) 576-6531  
Family Caregiver Support Program (910) 572-3757  
Home Economic Agent (910) 576-6011

Medicare (800) 633-4227  
Troy-Montgomery Senior Center (910) 572-4464  
Seniors Health Insurance Information Program (SHIIP)  
(855) 408-1212  
Senior Help Line- Information Assistance (910) 572-4464  
StayWell Senior Care (336) 628-4200  
Social Security Administration (800) 772-1213

## **SOCIAL SECURITY OFFICES**

Social Security Office– Albemarle (866)-319-8268  
Social Security Office– Asheboro (888)- 472-6119

## **STATE OFFICES**

NC Department of Revenue (910)-576-4311  
NC Dept. of Transportation-district office (910) 944-2344  
Town Creek Indian Mound (910) 439-4623

## **SUBSTANCE ABUSE**

Center for Substance Abuse Treatment (CSAT) National Drug  
Abuse Hotline (800) 662-HELP  
Daymark Recovery Services (910) 572-3681  
Family Care Associates (910) 576-0042  
Journey Counseling and Consulting (910) 572-2225  
Alcohol and Drug Services 1-(855)-801-9817  
National Clearinghouse for Alcohol and Drug Information  
(800) 729-6686

## **TAX INFORMATION**

Federal Tax Information Assistance (800) 829-1040  
Internal Revenue Service (800) 829-4477  
Montgomery County Tax Collector (910) 576-4311  
NC Department of Revenue (877) 252-3052

## **TRANSPORTATION**

Daisy and Edward transportation (910) 439-4662  
FirstHealth Transportation (910) 571-5498  
NC Department of Transportation (910) 944-2344  
R-CATS (910) 572-3430

## **VETERANS SERVICES**

American Red Cross	(704) 982-0070
Montgomery County Veteran's Service	(910) 576-4711
Job Link & NC Employment Services	(910) 572-3641
Veterans Regional Office/Benefits Info	(800) 827-1000
Veterans Crisis Line	(800) 273-TALK

## **VETERINARIAN**

Montgomery Animal Clinic	(910) 572-3781
Biscoe Pet Hospital	(910) 428-1801

## **VOTER REGISTRATION**

Board of Elections	(910) 572-2024
Montgomery County Dept. of Social Services	(910) 572-3757

## HOTLINE NUMBERS

Environmental Protection Agency General Services Administration	(800) 424-5210
Small Business Administration	(800) 827-5722
Veterans Administration	(800) 488-8244
National Pesticide Info Center	(800) 858-7378
Safe Drinking Water Hotline	(800) 426-4791
Federal Emergency Management (FEMA)	(800) 638-6620
C.D.C National AIDS Hotline	(800) CDC-INFO
Cancer Hotline	800-4-CANCER
Center for Substance & Mental Abuse Treatment	(800) 662-HELP
Community Resource Connection	(910) 572-3757
DNA Paternity Testing Center	(800) 362-2368
Hill-Burton Program	(800) 638-0742
Medicare Hotline	(800) 633-4227
National Suicide Prevention Lifeline	1-800-273-TALK
National Health Information Center	(800) 336-4797
National Runaway Switchboard	800-RUN-AWAY
Sexually Transmitted Diseases	(800) 227-8922
Social Security Administration	(800) 772-1213
Senior Line– Information Assistance	(910) 572-4464



217 South Main Street  
Troy, NC 27371  
(910) 572-1393

*Copies of this publication are available for pick-up at the Montgomery County Department of Health. Electronic versions may be accessed on the Health Department website by visiting [www.montgomerycountync.com](http://www.montgomerycountync.com) and navigating to the Health Department page. Electronic copies may also be obtained by emailing your request to [kimberly.burger@montgomerycountync.com](mailto:kimberly.burger@montgomerycountync.com) or by calling (910) 572-1393 ext. 1227. Last updated 11/25/19.*